



Start guide

RUN MONITOR 2020 V0.16

THIS IS A BETA VERISON!

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INTRODUCTION

Explain why

Explain .rmx file and videos

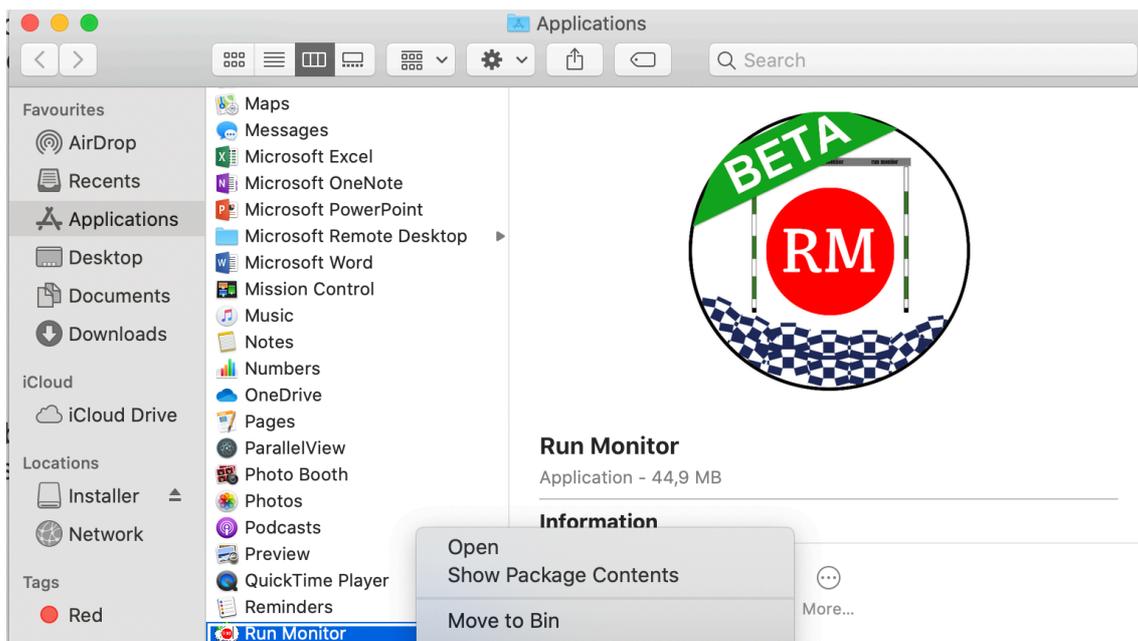
BEFORE STARTTING

OPENING THE SOFTWARE

In some cases the you may get a message like this one:

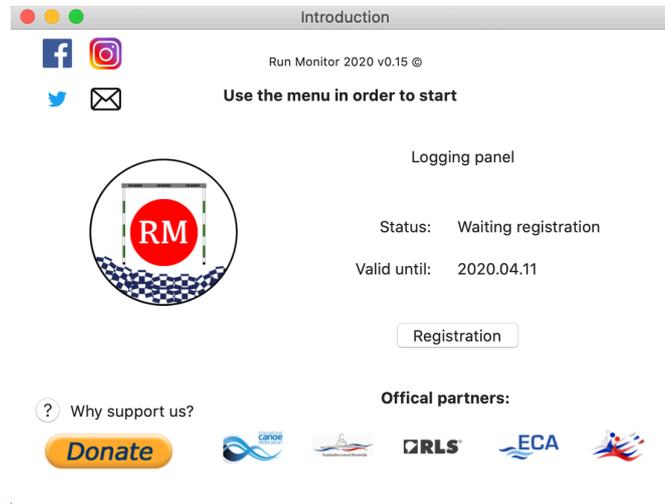


Nothing to worry about. Press “Show in Finder” (it will take you to Applications in Finder) and find Run Monitor. Make secondary click and press “Open”. After that you will see the same message as before, but this time having one extra option: Open. You will only need to do this process once.



REGISTRATION

First thing to do after downloading and installing the software, is to register it. Important: Internet connection is required.



Click in registration and the following window will appear:

The screenshot shows the 'Registration' window of Run Monitor 2020 v0.15. It features a title bar with standard window controls and the text 'Registration'. Below the title bar is the 'RM' logo. The main content area displays the current status 'Waiting registration' and the current expiration date '2020.04.11'. There are two columns of input fields: 'Country' (with a dropdown menu showing 'Slovenia') and 'Team' (with a placeholder '*Club, training group...'). Below these are 'User' (with a dropdown menu showing 'Coach') and 'Name' (with 'Name' and 'Last Name' sub-labels). There are also 'email' (with the placeholder 'my.example.email@gmail.com') and 'Code' (with a question mark icon) fields. At the bottom, there is a 'Registration type' dropdown menu (with 'Full registration' selected) and an 'Accept' button.

Fill all the required boxes and accept. In the bottom part you can choose between “Trial” and “Full registration” modes. If you don’t have an activation code, you can still register introducing any code, but this way the trial time will be reduced.

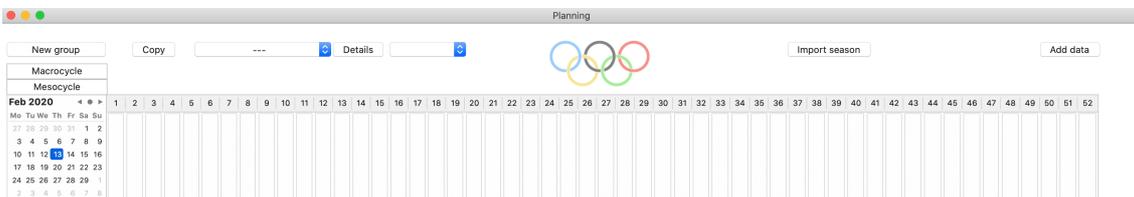
GENERAL TIPS

SEASON

This section is made for having a complete control of your season. From creating the planning for your training group to a database of all the session you have made.

PLANNING

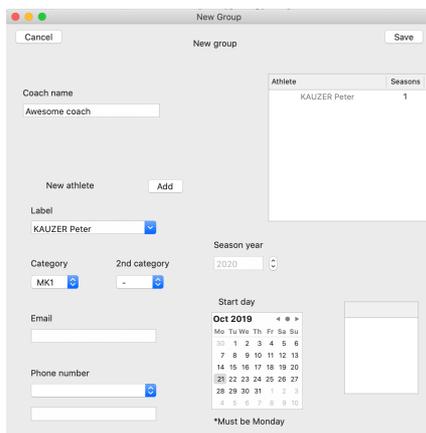
With this tool you can create a season planning for a whole group of athletes, also for different years.



No chart data available.

Microcycles	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52			
Total sessions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
Volume (lit)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
Intensity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Training Score	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
Focus																																																							
BT	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
TTF	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
RP	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Microcycles	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52			
Water test																																																							
Endur. test																																																							
Blood test																																																							

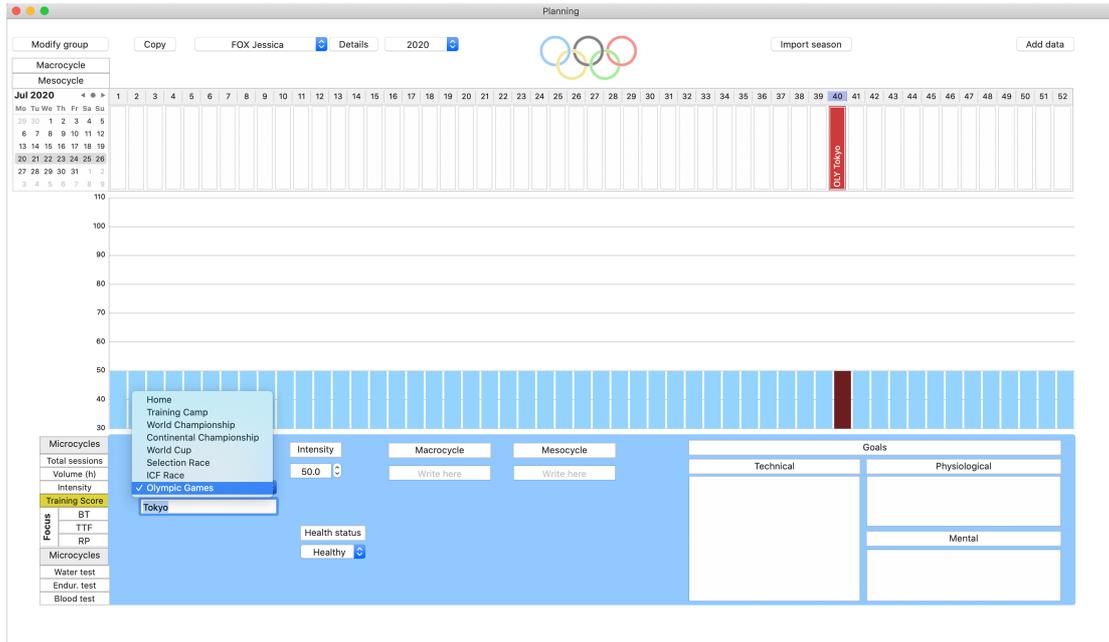
The empty planning looks like the picture above. In order to import an existing group, press “command” + “i”. Or if you want to create a new training group, simply click in “New group” on the top left corner.



A new window will appear for a new group where you will have to add each athlete you want to have. There are all the ICF ranked athletes in the system, but if you want to add any other, it is totally possible.

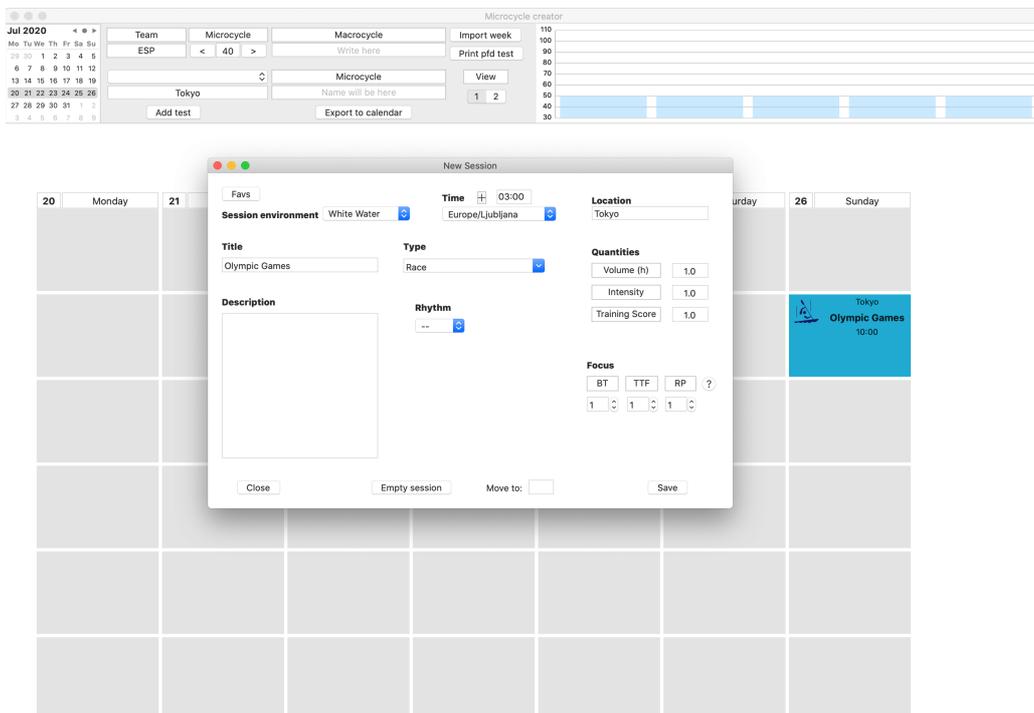
Note that the beginning of the season must be a Monday.

If you added an athlete correctly, blue bars will appear indicating the training load for that microcycle (week). By using the arrows you can move between microcycles or directly clicking one of the bars or even selecting the date from the calendar on the left.



By pressing “e” once a week is selected, you can edit that week for adding more specific details such as the location, the training load, the health status, the goals...

By clicking the number of the microcycle once it is selected a new window will appear. There you can add different sessions for the week, as well as any test (medical, effort...) pdf, or even export the events to the calendar.



In the new session window, you can add information about the session, for a later statistics. Also, in the top left corner, there is a button for adding directly the session from your favorite sessions.

This is a totally customizable section, allowing the coach to create their own sessions database for a future use.

SEASON LIST

Every time a session is recorded with [Run Monitor Eye](#) or an event has been analyzed with [splittaker](#), a .rmx file is created and placed in the same folder where the videos are. Season List finds inside a given folder for all those .rmx files, reads them and then puts the information of each event in a nice table. For starting to use it, press “command” + “i” for importing the desired folder.

The screenshot shows the 'Season List' application window. It features a table with columns: Date, Location, Water, Session type, Event, Ph./sections, Cat., Type, BM, Course, and Comme... The table lists various sessions from 2019 to 2020. To the right of the table, there are search filters for 'Tag search', 'Athletes search', and 'Comments search'. Below these are buttons for 'Main Analyzer', 'Report modifier', 'Folder Player', 'Results table', 'SplitTaker', and 'Finder'. A 'Filter by' section includes 'Watched', 'To watch', and 'All' options. A 'Comments search' field is also present at the bottom right.

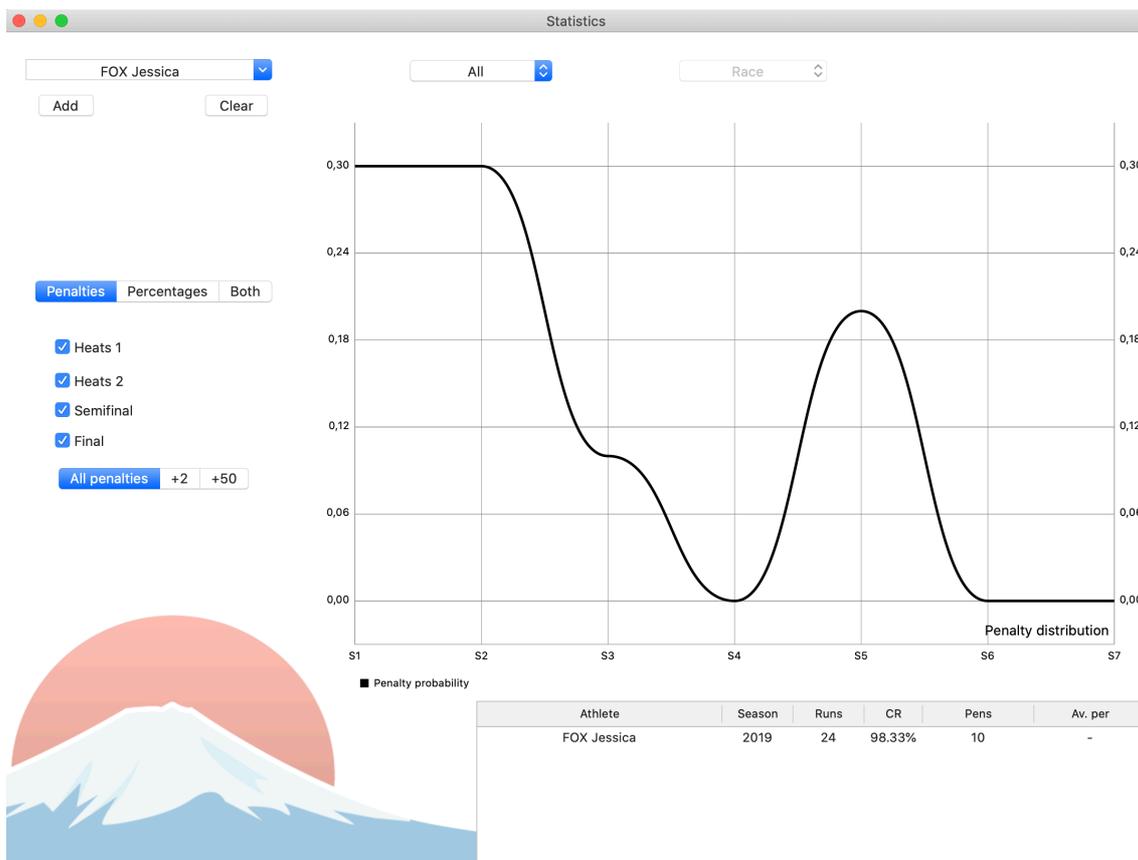
Date	Location	Water	Session type	Event	Ph./sections	Cat.	Type	BM	Course	Comme...
2019.12.07	Tacem	WW	Training	Technique	4					false
2019.12.07	Tacem	WW	Training	By sections	2					false
2019.12.10	Tacem	FW	Training	Technique	2					false
2019.12.12	Slovenia	FW	Training	Technique	5					false
2019.12.13	Tacem	WW	Training	Technique	5					false
2019.12.14	Tacem	FW	Training	Loops	3					true
2019.12.24	Pau	WW	Training	Technique	1		Changing			false
2019.12.26	Pau	WW	Training	By sections	3					true
2019.12.27	Pau	WW	Training	Technique	7					false
2020.01.11	Slovenia	FW	Training	Technique	2		8 Test			true
2020.01.16	Penrith	WW	Training	Free	1					true
2020.01.16	Penrith	WW	Training	Technique	1		Changing			true
2020.01.17	Penrith	WW	Training	By sections	2					true
2020.01.18	Penrith	WW	Training	By sections	2					false
2020.01.18	Penrith	WW	Training	Technique	3		8 Test			true
2020.01.19	Penrith	WW	Training	By sections	4					true
2020.01.21	Penrith	WW	Training	Loops	3					true
2020.01.21	Penrith	WW	Training	Technique	3					false
2020.01.22	Penrith	WW	Training	By sections	3					true
2020.01.22	Penrith	WW	Training	Technique	5					true
2020.01.23	Penrith	WW	Training	By sections	2					true
2020.01.23	Penrith	WW	Training	Technique	3		Consistency			true
2020.01.24	Penrith	WW	Training	Loops	1					true
2020.01.25	Penrith	WW	Training	By sections	4					true
2020.01.25	Penrith	WW	Training	Technique	3					true
2020.01.26	Penrith	WW	Training	By sections	4					true
2020.01.26	Penrith	WW	Training	Technique	3					true
2020.01.27	Test	WW	Training	By sections	4					false
2020.01.28	Penrith	WW	Training	By sections	3					true
2020.01.28	Penrith	WW	Training	Technique	3					true
2020.01.29	Penrith	WW	Training	Loops	1					false
2020.01.30	Penrith	WW	Training	By sections	7					false
2020.01.31	Penrith	WW	Training	By sections	2					false
2020.01.31	Penrith	WW	Training	Free	1					true
2020.01.31	Penrith	WW	Training	Technique	3					false
2020.02.01	Penrith	WW	Training	By sections	4					false
2020.02.01	Penrith	WW	Training	Full runs	3					false
2020.02.01	Penrith	WW	Training	Technique	1		Changing			true
2020.02.02	Penrith	WW	Training	Full runs	4					false
2020.02.02	Penrith	WW	Training	Technique	1		Changing			true
2020.02.02	Penrith	WW	Training	Technique	2					true
2020.02.04	Penrith	WW	Training	By sections	3					false
2020.02.04	Penrith	WW	Training	Free	1					true
2020.02.04	Penrith	WW	Training	Technique	4					true

On top of the window you can search for a specific location, athlete or even a tag (if you have previously added any). Once you have selected one session, go to analyze it with “Main Analyzer” or any other analyzing tool we offer.

STATISTICS

IMPORTANT: This part is still under development.

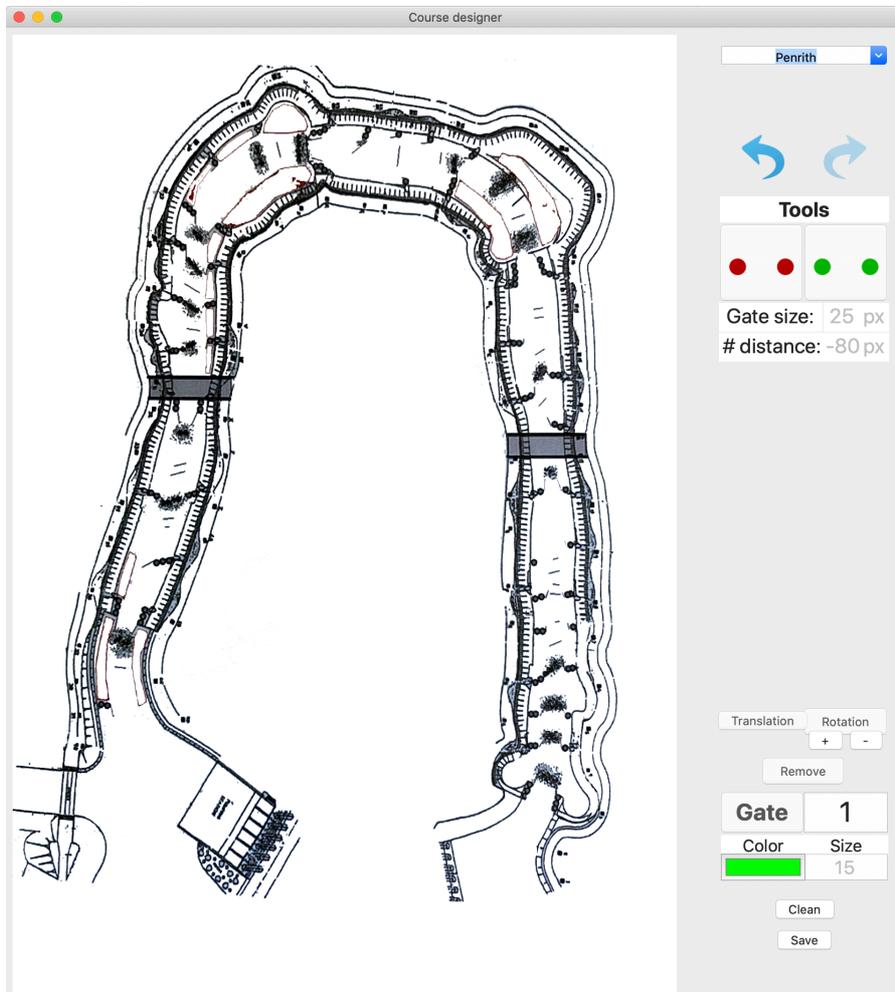
With the similar idea of the [Season List](#), here a folder is selected by pressing “command” + “i”. After doing so, all the .rmx files will be read for creating statistics with penalties and times.



Find your desired athlete in the top left, select the desired season (if there are more than one) and press “Add”. Switch between Penalties, Percentages or Both for getting a different graphs. In this example, the penalty distribution function of Jessica Fox is shown for the 2019 season. It is possible to select only one phase of a competition by deselecting the phase you do not want.

COURSE DESIGNER

Old prototype. There is a better one in the iOS app.



This will be improved in the future.

DATA CREATION

The key part of the program: where all the data is created.

SPLITTAKER

The tool for creating the .rmx file. For each event, create a .rmx file to put together with the video files. In order to do that, import the video of the first athlete by pressing “i”. Fill the athlete info (name, phase, real time...) and bring the video to the start point. Once there, press “s” for starting the split. Fast forward to the next reference point and press again “s”. Repeat the process until reaching the previously set up split number. Finally press “Save” to save it. After completing it, press again “i” to add the following athlete’s video.

Name	H	Phase	S-2	2-5	5-10	10-11	11-17	17-20	20-22	Total
LLORENTE David	N	SF	6.25	10.19	14.59	9.42	20.15	14.0	5.52	80.12
SMOLEN Michal	N	SF	6.66	9.89	14.25	10.27	20.13	13.81	5.9	80.91
OSCHMAUTZ Fel	N	SF	6.2	10.01	14.38	8.94	20.82	13.3	5.79	79.44
AIGNER Hannes	N	SF	6.39	10.41	14.57	9.39	20.78	13.65	5.99	81.18
FORBES-CRYAN	N	SF	5.74	11.6	13.75	9.94	19.83	14.55	5.86	81.27
DE GENNAIRO Gi	N	SF	6.1	10.87	14.45	9.42	21.32	14.22	5.25	81.63
TESTEN Niko	N	SF	5.95	11.17	14.53	10.25	19.84	14.75	6.09	82.58
LAUNAY Antoine	N	SF	6.06	10.33	14.81	10.63	20.25	14.11	5.71	81.9
KAUZER Peter	N	SF	5.57	10.81	14.86	10.17	20.4	14.44	5.91	82.16
OHRSTROM Isak	N	SF	6.12	11.1	14.07	9.59	20.88	13.74	5.91	81.41
WERRO Lukas	N	SF	5.65	11.12	14.73	10.06	20.39	14.03	6.0	81.98

Help ?

Sections: 1 Forget data Details

None Penalty details Comments Fix cameras Team radio

Set start S - 3 3 - 7 7 - 11 11 - 14 14 - 17 17 - 20 20 - 22 Change

TESTEN Niko SF S1 S2 S3 S4 S5 S6 S7 Total

Hand. Real time P Pos 5.95 11.17 14.53 10.25 19.84 14.75 6.09 00.00

ND 89.36 P O P O P O P O P O P O Remove

Tokyo ICF Gates S 1 2 3 4 5 6 7 8 9

20/10/2019, 21:15 K1M 25 10 11 12 13 14 15 16 17 18 19

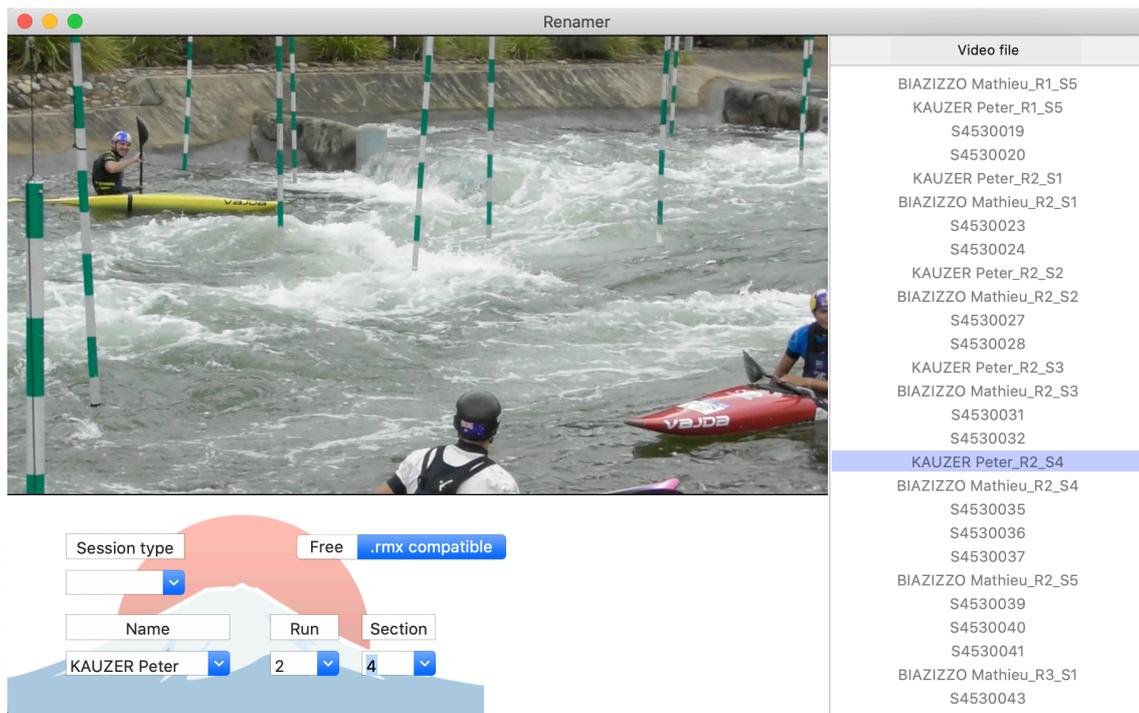
20 21 22 25 F

In the lower part of the window, you can add more information about the event: location, type of race, category, date... Also, you can set the gates to create a better statistical data. In addition, on the right site, you can add the penalties, any comment or fix cameras (if any). This extra information could be really interesting in the future.

+TAKER (SOON)

VIDEO RENAMER

Have you ever spent time renaming the video files taken by a normal video camera? Have you ever get any complain from the athletes that there is a mistake? Well, probably this tool will save you a lot of time.



Simple import a folder where the videos are and click in the video name on the right table. The selected video will appear on the screen and you can change directly the name of the file down where “name” is. It can be changed following Run Monitor protocol (.rmx compatible) or a totally different name, that will be up to you.

ATHLETE RENAMER

Doing mistake is part of human being. If you have entered a name not correctly in RM Eye or in Splittaker, this tool will help you correct the mistake. In RM Eye the videos are saved using the name of the athlete, therefore, if, for example, you put wrong one letter all the videos will be with a wrong name too. Change all of them one by one? Please, use “Athlete Renamer”!

Import a folder and it will find all your .rmx files inside of it. Select the athlete which name you want to change, type the new one and press change! That easy! Even the videos are now corrected.

SPLIT MIXER

Working with more than one coach and you are doing more than one section? This tool allows you to merge more than one .rmx file for getting all the data into one. Simply select the number of sections you did in the session, import the .rmx file for each of them and export the new one!

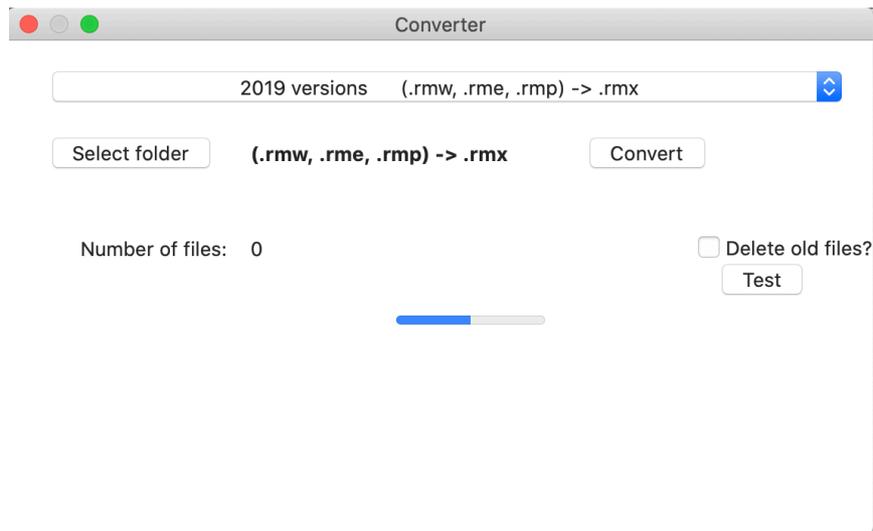
The screenshot shows a web application window titled "Split Mixer". The interface includes a "Split number:" label with a dropdown menu set to "2" and a blue arrow icon. To the right is an "Export" button. Below this is the large text "Split mixer". Underneath are five "Import" buttons labeled "Import 1" through "Import 5". Below each import button is a "Status:" label and the word "Waiting". At the bottom right, there is a checkbox labeled "Remove old files".

Just keep in mind few tips while you are using RM Eye:

1. Use EXACTLY the same name (Respect the capital letters also!)
2. Set all the RM Eye apps with the same TOTAL SPLITS.
3. Take video and times ONLY in your section, leave the rest as they were

CONVERSIONS

Have you used Run Monitor in the past? Did you create a lot of data with it? We were using a different file system, so if you want to recover everything, use this tool.



Select the folder and RM will search for all the .rmw, .rme or .rmp files in it. Press "Convert". And done!

If you want to delete the old files, check the box before converting.

ANALYZER

Data was created. Now it is time to analyze it.

MAIN ANALYZER

Once we have our .rmx file (either has been created from Splittaker or RM Eye), We have to go to “Main Analyzer”.

Name	H	Phase	S1	S2	S3	S4	S5	S6	S7	Total
LLORENTE David	ND	SF	6.25	10.19	14.59	9.42	20.15	14.0	5.52	80.12
SMOLEN Michal	ND	SF	6.66	9.59	14.25	10.27	20.13	13.81	5.9	80.91
OSCHMAUTZ Felix	ND	SF	6.2	10.01	14.38	9.56	20.82	13.2	5.79	80.25
AIGNER Hannes	ND	SF	6.39	10.41	14.57	9.39	20.78	13.65	5.99	81.18
FORBES-CRYANS Bradley	ND	SF	5.74	11.6	10.75	9.94	19.38	14.55	5.86	81.27
DE GENNARO Giovanni	ND	SF	6.1	10.87	14.45	9.42	21.32	14.22	5.75	81.63
TESTEN Niko	ND	SF	5.95	11.17	14.53	10.25	19.85	14.75	6.09	82.58
LAUNAY Antoine	ND	SF	6.06	10.33	14.11	10.63	20.25	14.11	5.71	81.1
KAUZER Peter	ND	SF	5.5	10.81	10.86	10.17	20.4	14.44	5.91	82.18
OHRSTROM Isak	ND	SF	6.12	11.1	14.07	9.59	20.88	13.74	5.91	81.41
WERRO Lukas	ND	SF	5.65	11.12	14.73	10.06	20.39	14.03	6.0	81.88

Press “command” + “i” for importing the previously mentioned .rmx file and you are read to go. Use the arrows (up/down for changing the athlete or right/left for switching between sections) or simply click on the table to bring a video.

In this mode, there are multiple of keyboard shortcuts. They can be displayed anytime by clicking the help button on the left side of the window.

The shortcuts are the following:

- **Command + i:** Import split file
- **Arrow up/down:** change/select athlete
- **c:** Select athlete to compare
- **e:** Export video comparison
- **f:** Full window view
- **g:** Show/hide graph
- **p:** activate/deactivate drawing
- **a:** Slow motion backwards
- **d:** Slow motion forward
- **enter/space:** Play/pause video(s)
- **esc:** Full screen mode
- **s:** Change speed of video

Main Analyzer

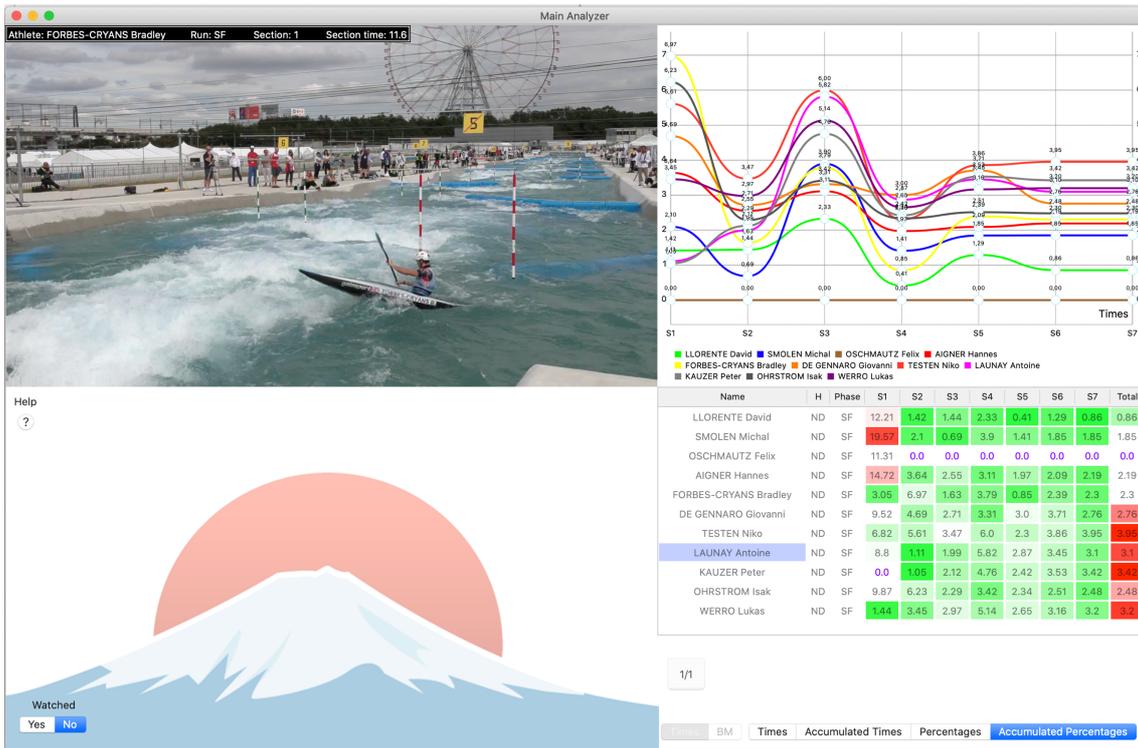
Athlete: FORBES-CRYANS Bradley Run: SF Section: 1 Section time: 11:6

Name	H	Phase	S1	S2	S3	S4	S5	S6	S7	Total
LORENTE David	ND	SF	6.25	10.19	14.59	9.42	20.15	14.0	5.52	80.12
SMOLEN Michal	ND	SF	6.66	10.94	14.25	10.27	20.13	13.81	5.9	80.91
OSCHMAUTZ Felix	ND	SF	6.2	10.01	14.38	9.36	20.82	13.53	5.79	80.56
AIGNER Hannes	ND	SF	6.39	10.41	14.57	9.39	20.78	13.65	5.99	81.18
FORBES-CRYANS Bradley	ND	SF	5.74	11.6	13.75	9.94	19.83	14.55	5.86	81.27
DE GENNARO Giovanni	ND	SF	6.1	10.87	14.45	9.42	21.32	14.22	5.26	81.63
TESTEN Niko	ND	SF	5.95	11.17	14.53	10.25	19.83	14.76	6.09	82.58
LAUNAY Antoine	ND	SF	6.06	10.33	14.81	10.63	20.25	14.11	5.71	81.9
KAUZER Peter	ND	SF	5.97	10.81	14.86	10.17	20.4	14.44	5.91	82.16
OHRSTROM Isak	ND	SF	6.12	11.1	14.07	9.59	20.88	13.74	5.91	81.41
WERRO Lukas	ND	SF	5.65	11.12	14.73	10.06	20.39	14.03	6.0	81.98

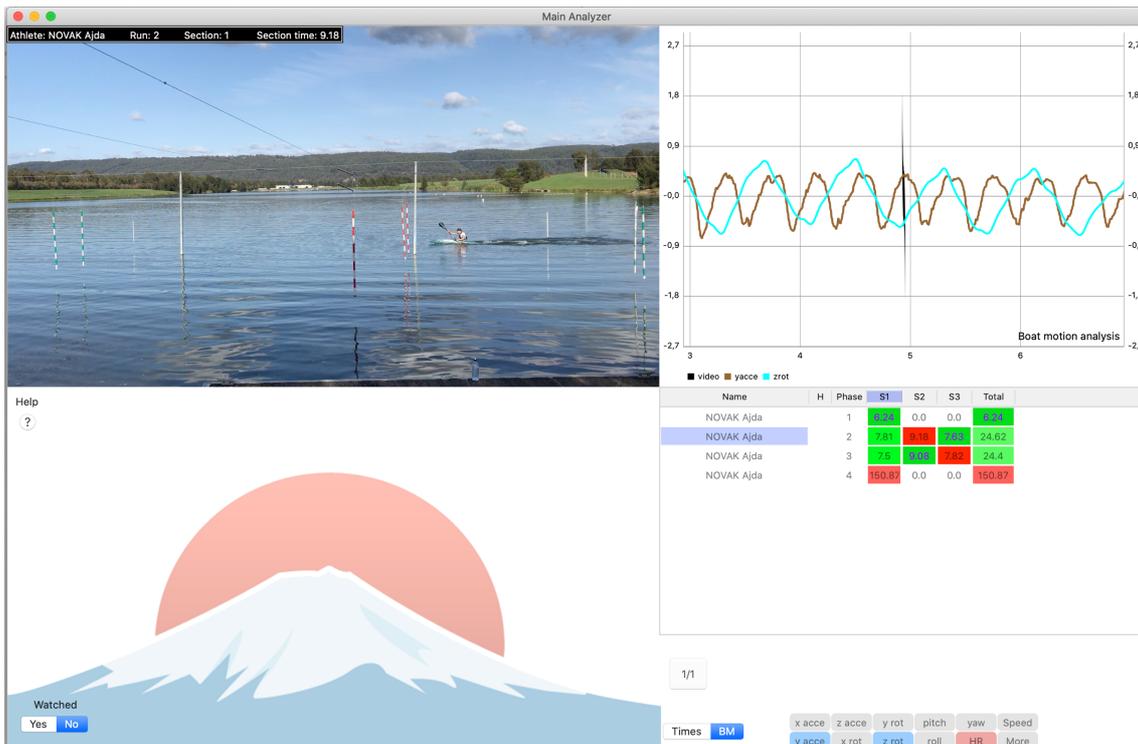
1/1

Name	H	Phase	S1	S2	S3	S4	S5	S6	S7	Total
FORBES-CRYANS Bradley	N	SF	5.74	11.6	13.75	9.94	19.83	14.55	5.86	81.27
LAUNAY Antoine	N	SF	6.06	10.33	14.81	10.63	20.2	14.11	5.71	81.9
Difference			-0.32	+1.27	-1.06	-0.69	-0.42	+0.44	+0.15	+0.65

Athlete: LAUNAY Antoine Run: SF Section: 1 Section time: 10:33



Showing the graph will also activate boat motion view (if there is any boat motion file within the videos folder). As shown below, you can choose what parameters to plot, simply by clicking on them.



SPLIT TABLE

Split table										
<input type="button" value="Import"/> <input type="button" value="Delete data"/> <input type="button" value="Splits"/> <input type="button" value="Percentage"/> <input type="button" value="Accumulated splits"/> <input type="button" value="Accumulated percentage"/> <input type="button" value="Save as picture"/>										
Name	Phase	Split 1	Split 2	Split 3	Split 4	Split 5	Split 6	Split 7	Total	
KAUZER Peter	SF	7.63	15.43	16.54	13.4	8.63	14.69	9.36	85.68	
PRSKAVEC Jiri	SF	7.09	13.24	16.16	13.0	8.43	12.92	9.28	80.7	
NEVEU Boris	SF	7.4	14.26	16.47	11.73	8.85	14.57	8.95	81.73	
OSCHMAUTZ Felix	SF	7.51	13.53	15.98	13.39	8.75	13.8	9.46	82.3	
PRINDIS Vit	SF	7.49	14.54	16.92	11.55	8.57	14.16	8.83	82.06	
SRABOTNIK Martin	SF	7.83	14.17	16.82	12.31	8.54	15.36	9.38	84.41	
EIGEL Pavel	SF	7.45	14.07	18.12	13.19	9.98	14.95	8.98	86.74	

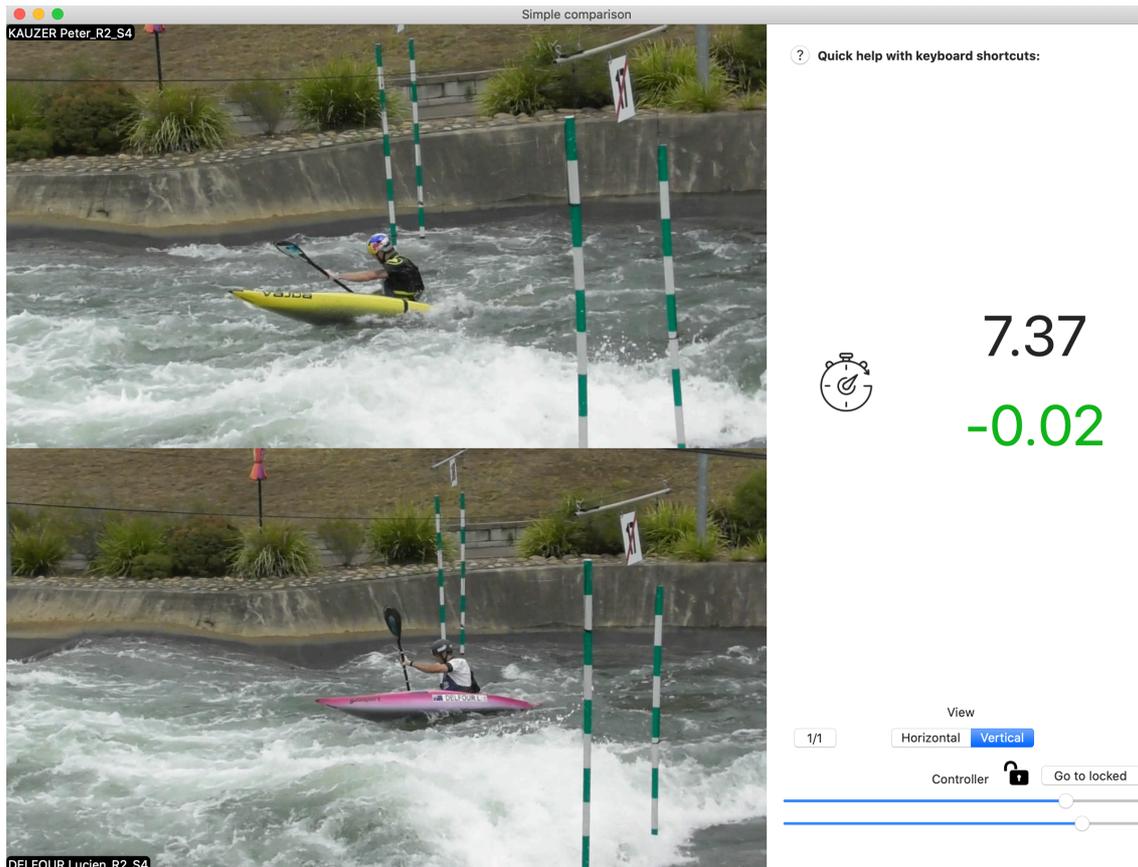
<input type="button" value="Compare"/> <input type="button" value="Remove Row"/>											
Name	Phase	Split 1	Split 2	Split 3	Split 4	Split 5	Split 6	Split 7	Total	Sprint	Real Time

<input type="button" value="Save comparison"/>	
Saving settings: <input checked="" type="checkbox"/> .pdf <input checked="" type="checkbox"/> .png	<input type="checkbox"/> Penalties <input checked="" type="checkbox"/> Real Time <input checked="" type="checkbox"/> Sprint

A simple way of seeing the times from a .rmx file. Import pressing “i” and the times will appear in the table. Compare by selecting one athlete and pressing the compare button. Also, you can save the table into pdf or png files.

SIMPLE COMPARISON

Sometimes there is no .rmx file. If you would like to compare quickly two videos, simple comparison is the best tool for doing it.

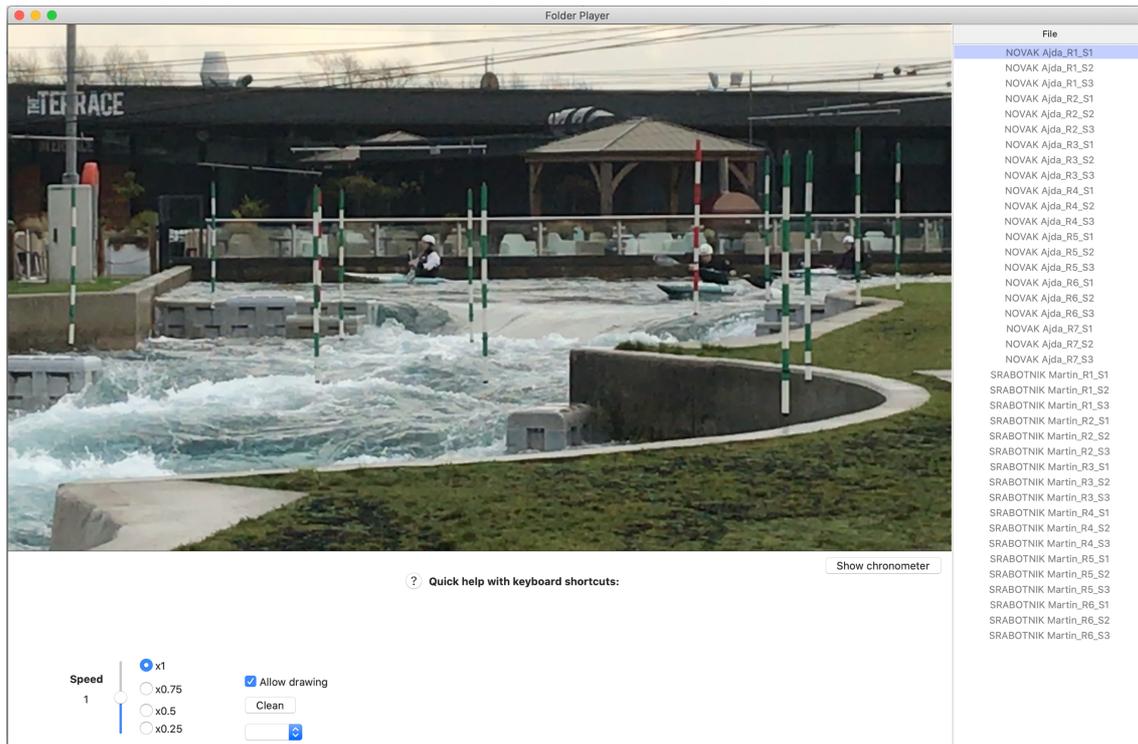


Drag a video file to the video player and you are ready to go! Play the videos by pressing space/enter. You can activate the chronometer by clicking on it. The second click is for stopping, while the third one will show the difference between the two (like shown above).

The rest of the keyboard functions are the same as in “Main Analyzer”, such as exporting or playing with different speeds.

FOLDER PLAYER

If there has not been any time for changing the video names and creating a .rmx file for one session where the videos were not taken with RM Eye, Folder Player can be a good solution.

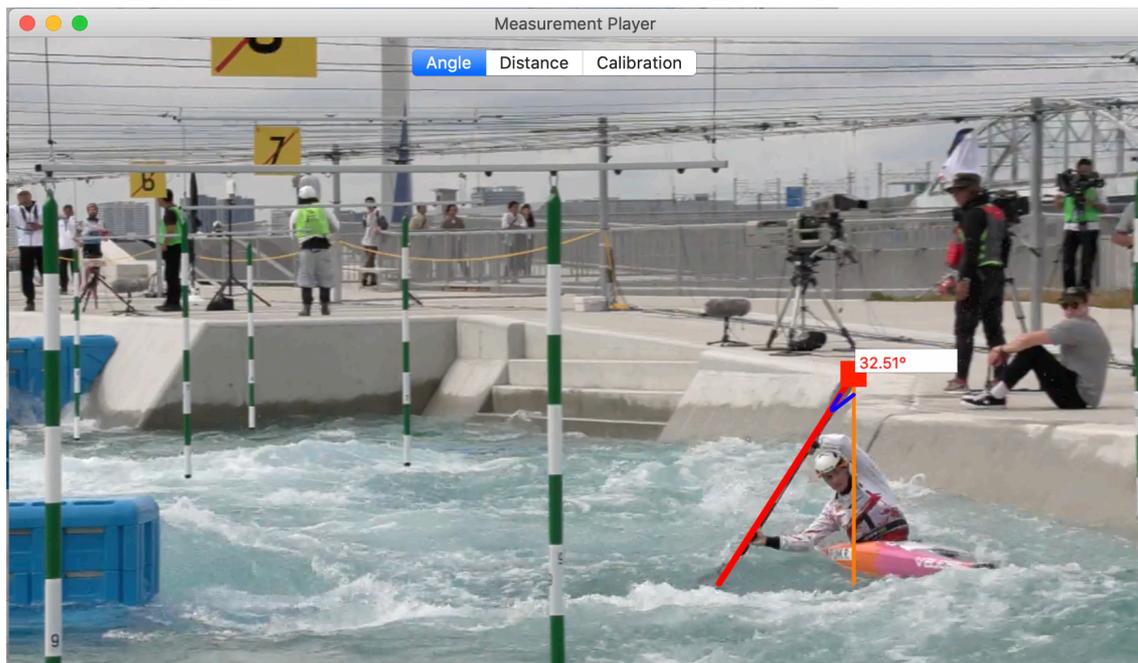


Import a folder by pressing “i”. All the video files will appear on the right table. Select one by clicking on it and enjoy the session review.

Also, multiple analyzing function are available like in Main Analyzer. Compare two athletes by pressing “c” or play at slow motion.

MEASUREMENT PLAYER

Finally, the last video analyzing tool: the measurement player. Measuring angles is something already included in Main Analyzer, but here you can do much more.



It is possible to measure the distance, but only when the camera is fixed. First, use the calibration tool for identifying the boat: select the kind of boat, click on the nose and drag until the end of it. Now press in the distance button, you are ready.

One example is to see the distance traveled with one stroke. Position the video in the frame where the stroke is about to begin, and click in the nose of the boat. Then, fast forward to the end of the stroke and click again in the nose (it will not be the same point!). The traveled distance will appear in the screen.

With the same approach, many things can be measured.

OPTIONS ANALYZER

LIVE ANALYZER

The Analyzer application window features a large digital timer at the top left showing 00.00. Below the timer are 'Reset' and 'Start' buttons, a time range input field set to '12-15', a 'Surname Name' dropdown menu, and three radio button options for 'Choice': 'Spin', 'Forward' (selected), and 'Choice 3'. A 'Comments' text area is located below the choice options. On the right side, there is a table with columns for Name, Choice, Time, and Comments. The table contains three entries: 'DE GENNARO Giovanni' with Choice 'Spin', Time '9.51', and Comment 'Clean'; 'KAUZER Peter' with Choice 'Forward' and Time '9.75'; and 'PRSKAVEC Jiri' with Choice 'Forward', Time '9.82', and Comment '+2'. The 'Spin' row is highlighted in green. Above the table are buttons for 'No color', 'Style 1', 'Style 2' (selected), and 'Remove'. At the bottom, there are checkboxes for saving settings as '.png' and '.pdf', and a 'Save' button.

Name	Choice	Time	Comments
DE GENNARO Giovanni	Spin	9.51	Clean
KAUZER Peter	Forward	9.75	
PRSKAVEC Jiri	Forward	9.82	+2

VIDEO ANALYZER

The Video Analyzer application window displays a video player on the left showing a kayaker in a slalom course. Below the video player is a large digital timer showing 3.02, with a smaller timer below it showing 0.00. There are 'Reset' and 'End' buttons. To the right of the timers is a time range input field set to '8-10', a 'Surname Name' dropdown menu set to 'FRANKLIN Mallory', and three radio button options for 'Choice': 'Spin' (selected), 'Option 2', and 'Option 3'. A 'Comments' text area is located below the choice options. On the right side, there is an empty table with columns for Name, Choice, Time, and Comments. Above the table are buttons for 'No color', 'Style 1' (selected), 'Style 2', and 'Remove'. At the bottom, there are checkboxes for saving settings as '.png' and '.pdf', and a 'Save' button.

BOAT MOTION

BOAT MOTION

BOAT MOTION PRO

TESTS

8 TEST

SPRINT TEST

